



## Domestic Violence Support Group



FREE!

Increase Your Self-Esteem  
Gain Support

Recognize Signs of Abuse  
Create a Safety Plan

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When?

**Mondays from 4-5 p.m.**

June 11<sup>th</sup>

June 18<sup>th</sup>

June 25<sup>th</sup>

July 2<sup>nd</sup>

July 9<sup>th</sup>

July 16<sup>th</sup>

Where?

**CALM**

1236 Chapala St, Santa Barbara,  
CA 93101

To attend or for more information contact Carolina Najera-Magana  
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