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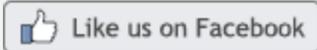
A Word from Our Executive Director, *Jan Campbell*

Dear Friends,

While it seemed all my friends and co-workers were heading to do something fun on July 4, I decided to do nothing other than relax, read a book and keep it close to home. In reflecting on the celebration of our country's independence, the thought struck me that our clients at Domestic Violence Solutions are not independent; do not have the freedom to decide simple things, do not have the option to do nothing.



Power and control is the realm of the abuser - and it is



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Amazon Prime Day is Monday, July 16! Make sure to choose DVS as the beneficiary. Happy Shopping!

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DVS in the News

[40-Hour Training in Santa Maria](#)

the world our clients and their children live in. Every day our advocates, our clinicians and case managers work to rebuild fragile lives - to return a sense of equilibrium and independence to those so deprived.

When I attend our staff meetings and hear stories of a survivor who landed a job, who secured a place to live - or just got the courage to stand up and reach out - I feel a renewed sense of vicarious freedom and possibility - and that's powerful!

When Janis Joplan wrote,

*"Freedom's just another word for nothin' left to lose
Nothin', don't mean nothin' hon' if it ain't free."*

...she must have had our clients in mind.

Thank you to all who have supported the work we do - be sure to connect with us on social media ([Facebook](#) and [Instagram](#)) to hear our stories and find out what you can do to help.

Jan Campbell
Executive Director

Thank You SBAOR!



Honestly, we are absolutely speechless...
The golf tournament proceeds raised \$57,500!

The hard work, dedication, generosity, and deep

volunteers and everyone else involved in the event are immeasurable. Without your generosity, we could NOT provide life-saving services to domestic violence victims and their children throughout Santa Barbara County. Your donations truly save lives. We can't thank our heroic DVS "Angels" enough!!!

**From the bottom of our hearts, THANK YOU
SBAOR!!!!!!!!!!!!!!!**



Fun in the Sun!



In this beautiful sun-soaked weather, who wants to stay inside?

We are asking for donations to fund activities for our kids to enjoy the great outdoors. Some ideas include:

- Bike rides
- Homemade ice cream supplies
- Sidewalk chalk
- Hula hooping
- Picnic supplies
- Water balloons
- Squirt guns
- Bubbles
- Cash donations for field trips to to SB Zoo, etc.

Need more ideas? [Click here!](#)

To donate, please email DoraD@DVolutions.org.

Welcome New Staff: Ema Angeles



Hello all! My name is Ema, and I am the newest Client Advocate in Santa Barbara. My hometown is Brentwood, CA in the Bay Area, but I have now been a Santa Barbara resident for four years (although I have so much still to explore!). I recently graduated with my Bachelor of Arts in Biological Anthropology from UCSB and have always loved doing research and asking questions. I began volunteering for DVS almost three years ago and was also the Chair for Sigma Alpha Zeta's annual Domestic Violence Awareness Week. Learning about and supporting an end to domestic violence has been a remarkable experience thus far. I look forward to assisting this population and much self-growing along the way! I enjoy trying out new recipes, taking walks on the beach and hanging out with friends.

♥ welcome emma!

Volunteer of the Month: Morgan Steffen



"As a DVS volunteer, Morgan has been amazing and deserves the spotlight! Most recently, she developed a volunteer group at her work place that led a collection drive to support shelter resident's personal hygiene needs.

In addition, she has inspired and educated many by sharing her personal experience with intimate partner violence. During teen dating abuse month, I heard a student say "I didn't think abuse happened until I heard her story". She has the unique ability to transform a hardship into a blessing for others.

It has been my pleasure to know and work with Morgan. Thank you for making a difference in the lives of so many!!! "

- Eloisa Patterson, Outreach & Program Development
Coordinator

❤️ *thank you!*

Domestic Violence Support Group



Join our **FREE** domestic violence support group,
Mondays from 4-5 pm.

- Increase your self-esteem
- Gain support
- Recognize signs of abuse
- Create a safety plan

Location:

CALM (Child Abuse Listening Mediation)
1236 Chapala St, Santa Barbara, CA 93101

To attend or for more information:

Contact Carolina Najera-Magana
at carolinan@dvsolutions.org or 805.963.4458.

40-Hour Domestic Violence Training



Upcoming Trainings:

Santa Maria - August 2, 3, 7, 9 & 10

Community Health Centers of the Central Coast
2050 S Blosser Road
Santa Maria, CA 93458

Santa Barbara - December 4, 6, 7, 10 & 11

Community Partner Center, Union Bank
15 E Carrillo Street
Santa Barbara, CA 93101

Trainings are \$225 per person, and run from 8:15 am until 5:00 pm. We offer partial scholarships for nonprofit participants.

Why Take Our 40 Hour Training?

- Trainings meet the requirement for certification by the State of California for those who wish to work directly with victims or perpetrators of domestic violence
- Learn evidence-based strategies for counseling and client advocacy that support recovery
- Develop referrals and network with other professionals serving in the local community
- Learn about the legal system that protects the rights of intimate partner violence survivors

For more info or to register please email Eloisa Patterson at EloisaP@DVsolutions.org or visit our [website](#).

Community Partner Appreciation!



Smooth Jazz - Special thank you to Veronica McCreary for hosting a smooth jazz event at the Hilton Hotel in Lompoc. The lovely June 29 evening was full of tasty bites, incredible music and good company. Veronica continues to be a passionate and dedicated supporter of DVS and our cause.



Impulse Advanced Communication - DVS volunteer Morgan Steffen and her fellow employees at Impulse hosted a toiletry drive for our emergency shelters. It warms our hearts to see companies doing good in the community. We absolutely love Morgan and all she has done for DVS. Morgan, thank you for being you!

We're Hiring!

★ ★ ★
Calling all superheroes!
★ ★ ★

Join our team and make a huge impact on domestic violence victims and their children throughout Santa Barbara County.

We have the following open positions:

Lead Client Advocate (Santa Barbara) -
[click for job description](#)

Client Advocate (Lompoc) - [click for job description](#)

To apply, please email your resume and cover letter to Jan Campbell at JanC@DVolutions.org.

Please consider helping local victims
of Domestic Violence:

[Donate Now](#)

Safety. Shelter. Support.

STAY CONNECTED:



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